

HERCULES **FITNESS**



LIVE YOUNG



HERCULES
FITNESS

ESTD 1949

29 BUSINESSES | 53,000 EMPLOYEES

200+ EXCLUSIVE STORES

COUNTRY'S BIGGEST DEALER NETWORK

1 ETHOS | 1 GROUP

A legacy of value built responsively over a hundred years.

People. Progress. Performance. People are our biggest strength. They power our journey and make good our promise of delivering value and helping our businesses and communities prosper. This is our approach to build, sustain and succeed.

TI Cycles was established by the Murugappa Group in collaboration with Tube Investments (UK) in 1949. Since then, the company has transitioned from being just a bicycle manufacturer to becoming an industry expert in mobility and wellbeing solutions. TI Cycles has a nationwide presence through a network of around 11,500 primary and secondary dealers.

Living up to its dynamic vision of going beyond bicycles, TI Cycles has also forayed into the world of fitness with its brand Hercules Fitness.

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A person is running on a treadmill. They are wearing a dark grey t-shirt, black shorts, and red sneakers. The treadmill is dark blue and black. The background is dark and out of focus.

TREADMILLS



HERCULES **FITNESS**

Treadmills provide a straightforward and efficient aerobic workout. For many, treadmills are a good choice to begin a new exercise routine because most individuals can take up walking regardless of fitness level and back condition. As strength and endurance develops, the treadmill can be used for jogging and/or for interval training.

*Product Disclaimer: Motor power mentioned is peak power.

TMA 80



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Powerful Noiseless Motor
- Energy Saving Technology
- Anti-slip Side Rail
- UN Foldable Structure
- Transportation Wheel
- Emergency stop Button
- Air Purifier Fan system

TECHNICAL FEATURES

20% Automatic Motorized Incline
 25 Km/hr. Max. Speed
 Pre-set Workout Programs
 Hand Held Heart Rate Sensor
 Maximum User Weight: 250 Kgs.
 Machine Weight: 285 Kgs
 65" x 24" Extra wide running area
 Anti-Static Running Belt
Motor Power: 9.0 H.P A.C

TMA 75



KEY FEATURES

- 15.6" Andriod Display
- Heart Rate Measurement
- Bluetooth/MP3/USB Player
- Powerful Noiseless Motor
- Energy Saving Technology
- Anti-slip Side Rail
- UN Foldable Structure
- Transportation Wheel

TECHNICAL FEATURES

15% Automatic Motorized Incline
 22 Km/hr. Max. Speed
 Pre-set Workout Programs
 Hand Held Heart Rate Sensor
 Maximum User Weight: 200 Kgs.
 Machine Weight: 185 Kgs
 63" x 23" Extra wide running area
 Anti-Static Running Belt
Motor Power: 8.0 H.P A.C

TMA 70



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Powerful Noiseless Motor
- Energy Saving Technology
- Anti-slip Side Rail
- UN Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

25% Automatic Motorized Incline
 25 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Maximum User Weight: 250 Kgs.
 63" x 24" Extra wide running area
Motor Power: 8.0 H.P A.C

TMA 51



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel

TECHNICAL FEATURES

20% Automatic Motorized Incline
 22 Km/hr. Max. Speed
 Pre-set Workout Programs
 Hand Held Heart Rate Sensor
 Maximum User Weight: 160 Kgs.
 60" x 22" Extra wide running area
Motor Power: 6.0 H.P A.C

TMA 50



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Oil Pressure shock reducing springs
- Auto Lubrication System
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
 20 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Maximum User Weight: 150 Kgs.
 60" x 23" Extra wide running area
Motor Power: 5.0 H.P A.C

TMA 41



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

4.0 HP AC Motor
20% Automatic Motorized Incline
18 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 150 Kgs.
60" x 20" Extra wide running area
Motor Power: 4.0 H.P A.C

TMA 22



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
18 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 140 Kgs.
60" x 20" Extra wide running area
Motor Power: 3.0 H.P A.C

TMA 21



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- Free Angle Adjustment of Display
- V Belt Drive

TECHNICAL FEATURES

3.0 HP AC Motor
15% Automatic Motorized Incline
16 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 130 Kgs.
54" x 19" Extra wide running area
Motor Power: 3.0 H.P A.C

TM90



KEY FEATURES

- Large LCD Display
- MP3/USB Player
- Body Fat Analyser
- Double Flex Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

20% Automatic Motorized Incline
22 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 150 Kgs.
60" x 21" Extra wide running area
Motor Power: 6.0 H.P D.C

TM60



KEY FEATURES

- Large LED Display
- MP3/USB Player
- Air Purifier
- Body Fat Analyser
- Bluetooth Compatible Music player
- Double Flex Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
18 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 150 Kgs.
60" x 20" Extra wide running area
Motor Power: 5.0 H.P D.C

TM59



KEY FEATURES

- Large LCD Display
- MP3/USB Player
- Body Fat Analyser
- Double Flex Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
18 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 140 Kgs.
55" x 20" Extra wide Running Area
Motor Power: 4.0 H.P D.C

TM51



KEY FEATURES

- Large LED Display
- MP3/USB Player
- Air Purifier & Body Fat Analyser
- Bluetooth Compatible Music Player
- Double Flex Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
16 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 130 Kgs.
54" x 19" Extra wide Running Area
Motor Power: 4.0 H.P D.C

TMA 20



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
16.0 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 120 Kgs.
50" x 18" Extra wide running area
Motor Power: 3.0 H.P A.C

TMA 10



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
14.8 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 110 Kgs.
48" x 17" Extra wide running area
Motor Power: 2.0 H.P A.C

TM53



KEY FEATURES

- Large LED Display
- MP3/USB Player
- Bluetooth Compatible Music Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
16 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 125 Kgs.
52" x 19" Extra wide Running Area
Auto Lubrication system
Motor Power: 4.0 H.P D.C

TM43



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for convenience
- Energy Saving Technology
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
16 Km/hr. Max. Speed
Handheld Heart Rate Sensor
Pre-set Workout Programs
Maximum User Weight: 120 Kgs.
50" x 18" Extra Wide Running Area
Motor Power: 3.5 H.P D.C

TM42



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
16 Km/hr. Max. Speed
Handheld Heart Rate Sensor
Pre-set Workout Programs
Maximum User Weight: 120 Kgs.
50" x 18" Extra Wide Running Area
Motor Power: 3.5 H.P D.C

TM40



KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
16 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 120 Kgs.
49" x 18" Extra Wide Running Area
Motor Power: 3.5 HP DC

TM39



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- Transportation Wheel
- Free Angle Adjustment of Display
- V Belt Drive

TECHNICAL FEATURES

12% Automatic Motorized Incline
14 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 120 Kgs.
50" x 18" Extra Wide Running Area
Motor Power: 3.0 H.P D.C

TM33



KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive
- Massager is an additional option

TECHNICAL FEATURES

15% Automatic Motorized Incline
13 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 115 Kgs.
49" x 18" Extra Wide Running Area
Motor Power: 3.0 H.P D.C

TM32



KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive
- Massager is an additional option

TECHNICAL FEATURES

3 Level manual Incline
13 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 115 Kgs.
49" x 18" Extra Wide Running Area
Motor Power: 3.0 H.P D.C

TM41



KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
16 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 115 Kgs.
49" x 18" Extra Wide Running Area
Motor Power: 3.5 H.P D.C

TM34



KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
14 Km/hr. Max. Speed
Handheld Heart Rate Sensor
Maximum User Weight: 115 Kgs.
49" x 18" Extra Wide Running Area
Motor Power: 3.0 H.P D.C

TM29i



KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

12% Automatic Motorized Incline
12 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 110 Kgs.
48" x 17" Extra Wide Running Area
Motor Power: 2.5 H.P D.C

TM29



KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
12 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 110 Kgs.
48" x 17" Extra Wide Running Area
Motor Power: 2.5 H.P D.C

TM25



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
14.8 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 110 Kgs.
48" x 17" Extra Wide Running Area
Motor Power: 2.75 H.P D.C

TM24



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
14.8 Km/hr. Max. Speed
Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 110 Kgs.
48" x 17" Extra Wide Running Area
Motor Power: 2.75 H.P D.C

TM30E



KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Body Fat Analyser
- Anti-slip Side Rail
- Foldable Structure
- Easy to Store
- No assembling required
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

13 Km/hr. Max. Speed
3 Level Manual Incline
16 Workout Programs
Maximum User Weight: 110 Kgs.
48" x 17" Extra Wide Running Area
Handheld Heart Rate Sensor
Motor Power: 3.0 H.P D.C

TM23E



KEY FEATURES

- Large LCD Display
- USB & MP3 Player
- Heart Rate Measurement
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

12% Automatic Motorized Incline
12 Km/hr. Max. Speed
12 Pre-set Workout Programs
Handheld Heart Rate Sensor
Maximum User Weight: 100 Kgs.
47" x 16" Extra Wide Running Area
Motor Power: 2.5 H.P D.C

TM22E



KEY FEATURES

- Elastomer Cushion
- Anti-slip Side Rail
- Soft - Drop Foldable Structure
- Easy to Store
- Semi - Auto Lubrication
- MP3 Player & USB
- Operation Keys in Handlebar
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

14.8 Km/hr. Max. Speed
3 Level Manual Incline
Pre-set Workout Programs
Maximum User Weight: 100 Kgs.
46" x 17" Extra Wide Running Area
Handheld Heart Rate Sensor
Motor Power: 2.5 H.P D.C

TM21E



KEY FEATURES

- Elastomer Cushion
- Anti-slip Side Rail
- Foldable Structure
- Easy to Store
- Easy to Assemble
- MP3 Player
- Operation Keys in Handlebar
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

12 Km/hr. Max. Speed
Pre-set Workout Programs
Maximum User Weight: 90 Kgs.
47" x 17" Extra Wide Running Area
Handheld Heart Rate Sensor
Walking Sensor Available
Motor Power: 2.0 H.P D.C

TM20E



KEY FEATURES

- Elastomer Cushion
- Anti-slip Side Rail
- Foldable Structure
- Easy to Store
- Easy to Assemble
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

12 Km/hr. Max. Speed
Pre-set Workout Programs
Maximum User Weight: 90 Kgs.
47" x 17" Extra Wide Running Area
Walking Sensor Available
Motor Power: 2.0 H.P D.C

TMN11



KEY FEATURES

- Multi Window Display: Time, Speed, Distance, Calorie and Pulse
- Extra Wide Running Area
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- Flywheel Drive

TECHNICAL FEATURES

4 Functions: Treadmill, Twister, Push-up Bar and Stepper
3 Level Manual Incline
47" x 14" wide Running Area
LCD Display
Handheld Heart Rate Sensor
Maximum User Weight: 90 Kgs.

HERCULES
FITNESS

Elliptical trainers offer a non-impact cardiovascular workout that can vary from light to high intensity based on the speed of the exercise and the resistance preference set by the user.



ELLIPTICAL TRAINER

ELS 70



KEY FEATURES

- Targets Upper and Lower Body
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel
- Cushion Pedal for Better comfort
- Water Bottle Holder

TECHNICAL FEATURES

Upper and Lower Body
 Auto Electro Magnetic Resistance Control
 20 Kgs. Fly Wheel
 Single Window Display – Time, Distance, Speed, Calorie, RPM, Pulse & Body Fat Stride Length - 21 Inches
 Hand Held Heart Rate Sensor
 Maximum User Weight: 170 Kgs.
Drive: Self Generator System

ELP 70



KEY FEATURES

- Targets Upper and Lower Body
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel
- Cushion Pedal for Better comfort
- Water Bottle Holder

TECHNICAL FEATURES

Upper and Lower Body
 Auto Electro Magnetic Resistance Control
 16 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie, RPM, Pulse & Body Fat Stride Length - 21 Inches
 Hand Held Heart Rate Sensor
 Maximum User Weight: 170 Kgs.
Drive: Electro Magnetic System

ELP 65



KEY FEATURES

- Targets Upper and Lower Body
- USB Port - Charger
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
Auto Electro Magnetic Resistance Control
14 Kgs. Fly Wheel
Single Window Display – Time, Distance, Speed, Calorie & Pulse
Stride Length - 19 Inches
Hand Held Heart Rate Sensor
Maximum User Weight: 150 Kgs.
Drive: Electro Magnetic System

ELP 60



KEY FEATURES

- Targets Upper and Lower Body
- USB Port - Charger
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
Auto Electro Magnetic Resistance Control
12 Kgs. Fly Wheel
Single Window Display – Time, Distance, Speed, Calorie & Pulse
Stride Length - 17 Inches
Hand Held Heart Rate Sensor
Maximum User Weight: 140 Kgs.
Drive: Electro Magnetic System

ELM 60



KEY FEATURES

- Targets Upper and Lower Body
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
Manual Magnetic Resistance Control
12 Kgs. Fly Wheel
Single Window Display – Time, Distance, Speed, Calorie & Pulse
Stride Length - 17 Inches
Hand Held Heart Rate Sensor
Maximum User Weight: 140 Kgs.
Drive: Electro Magnetic System

EL15



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Targets Upper and Lower Body
- Large Anti-skid Pedal
- Body Fat Analyser
- Pulse Recovery Measurement
- Transportation Wheel

TECHNICAL FEATURES

Dual Function: Elliptical & Cycling
8 Level Manual Magnetic Resistance Control
6 Kgs. Fly Wheel
Single Window Display – Time, Distance, Speed, Calorie & Pulse
Handheld Heart Rate Sensor
Uni - Crank Design
Maximum User Weight: 110 Kgs.
Drive: Magnetic Belt Drive

EL10



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Targets Upper and Lower Body
- Large Anti-skid Pedal
- Body Fat Analyser
- Pulse Recovery Measurement
- Transportation Wheel

TECHNICAL FEATURES

Dual Function: Elliptical & Cycling
 8 Level Manual Magnetic Resistance Control
 6 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Handheld Heart Rate Sensor
 Uni - Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Magnetic Belt Drive

EL41



KEY FEATURES

- Targets Upper and Lower Body
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Friction free Rollers
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
 Auto Magnetic Resistance Control
 6 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Handheld Heart Rate Sensor
 Maximum User Weight: 120 Kgs.
Drive: Magnetic Belt Drive

EL39



KEY FEATURES

- Targets Upper and Lower Body
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Friction free Rollers
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
 8 Level Manual Magnetic Resistance Control
 6 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Handheld Heart Rate Sensor
 Maximum User Weight: 120 Kgs.
Drive: Magnetic Belt Drive

EL31



KEY FEATURES

- Targets Upper and Lower Body
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Friction free Rollers
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
 8 Level Manual Magnetic Resistance Control
 7 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Hand Held Heart Rate Sensor
 Maximum User Weight: 110 Kgs.
Drive: Magnetic Tension



BIKES

HERCULES **FITNESS**

An exercise bicycle is usually a special-purpose exercise machine resembling a bicycle without true wheels. The low-impact movement involved in operating an exercise bike does not put much stress on joints and does not involve sporadic motions that some other fitness equipment may require.

RBP70



KEY FEATURES

- Stress Free Saddle Slide Movement
- USB & MP3 Player
- Water Bottle Holder
- Handle Button - Tension adjust
- Super Quiet Poly V belt Drive for smooth function
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 16 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie, RPM, Pulse & Body Fat
 Hand Held Heart Rate Sensor
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 170 Kgs.
Motor Power: Electro Magnetic System

RBP60



KEY FEATURES

- Easy Saddle Slide Movement
- Super Quiet Poly V belt Drive for smooth function
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 12 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Hand Held Heart Rate Sensor
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 150 Kgs.
Motor Power: Electro Magnetic System

UBP70



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Touch Screen Display
- Water Bottle Holder
- Handle Button - Tension adjust
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 16 Kgs. Fly Wheel
 Single Window Display – Time, Distance, Speed, Calorie, RPM, Pulse & Body Fat
 Hand Held Heart Rate Sensor
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 170 Kgs.
Drive: Electro Magnetic System

UBP60



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 12 Kgs. Fly Wheel
 Single Window Display – Time, Distance, Speed, Calorie & Pulse
 Hand Held Heart Rate Sensor
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 150 Kgs.
Drive: Electro Magnetic System

SB41



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Brush Brake Resistance Control
20 Kgs. Fly Wheel
Single Window Display - Time, Distance, Speed & Calorie
Heavy Duty 3 Pcs. Crank Design
Maximum User Weight: 150 Kgs.
Drive: Belt Drive

SB20



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Brush Brake Resistance Control
13 Kgs. Fly Wheel
Single Window Display – Time, Distance, Speed, Calorie
Heavy Duty 3 Pcs. Crank Design
Maximum User Weight: 110 Kgs.
Drive: Belt Drive

RB41



KEY FEATURES

- Hand Rail Seat Adjustment
- Belt Drive
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Manual Magnetic Resistance Control
6 Kgs. Fly Wheel
Single Window Display - Time, Distance, Speed, Calorie & Pulse
Handheld Heart Rate Sensor
3 Pcs. Crank Design
Maximum User Weight: 130 Kgs.
Drive: Magnetic Belt Drive

RB22



KEY FEATURES

- Hand Rail Seat Adjustment
- Belt Drive
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

MANUAL Magnetic Resistance Control
4 Kgs. Fly Wheel
Single Window Display - Time, Distance, Speed, Calorie & Pulse
Hand Held Heart Rate Sensor
Uni Crank Design
Maximum User Weight: 100 Kgs.
Drive: Magnetic Tension

UB41



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
6 Kgs. Fly Wheel
Single Window Display - Time, Distance, Speed, Calorie & Pulse
Handheld Heart Rate Sensor
3 Pcs. Crank Design
Maximum User Weight: 130 Kgs.
Drive: Magnetic Belt Drive

UB30



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
6 Kgs. Fly Wheel
Single Window Display – Time, Distance, Speed, Calorie & Pulse
Hand Held Heart Rate Sensor
3 Pcs. Crank Design
Maximum User Weight: 120 Kgs.
Drive: Magnetic Tension

UB21



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
5 Kgs. Fly Wheel
Single Window Display - Time, Distance, Speed, Calorie & Pulse
Handheld Heart Rate Sensor
3 Pcs. Crank Design
Maximum User Weight: 110 Kgs.
Drive: Magnetic Belt Drive

UB15



KEY FEATURES

- Vertical Seat Adjustment
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
 3.0 Kgs. Fly Wheel with 2 Way Bearing
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Handheld Heart Rate Sensor
 Uni - Crank Design
 Maximum User Weight: 90 Kgs.
Drive: Magnetic Belt Drive

UB11



KEY FEATURES

- Vertical Seat Adjustment
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
 3.5 Kgs. Fly Wheel with 2 Way Bearing
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Handheld Heart Rate Sensor
 Uni - Crank Design
 Maximum User Weight: 90 Kgs.
Drive: Magnetic Belt Drive

DC30



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Uni - Crank Design
 Steel Fly Wheel
 Handheld Heart Rate Sensor
 Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB22



KEY FEATURES

- Vertical Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Multi Function - Cycling, Elliptical, Twister, Push-up, Band & Dumbbells
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Uni - Crank Design
 Handheld Heart Rate Sensor
 Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB21



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
Manual Resistance Control
Single Window Display - Time, Distance, Speed & Calorie
Uni - Crank Design
Handheld Heart Rate Sensor
Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB20



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
Manual Resistance Control
Single Window Display - Time, Distance, Speed & Calorie
Uni - Crank Design
Handheld Heart Rate Sensor
Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB10



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
Manual Resistance Control
Single Window Display - Time, Distance, Speed & Calorie
Uni - Crank Design
Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB07



KEY FEATURES

- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
Manual Resistance Control
Single Window Display - Time, Distance, Speed & Calorie
Uni - Crank Design
Maximum User Weight: 90 Kgs.
Drive: Chain Drive

UB13



KEY FEATURES

- Back Rest Support
- Horizontal & Vertical Seat Adjustment
- Movable Handlebar
- Targets Upper and Lower Body

TECHNICAL FEATURES

Dual Function - Upper and Lower Body
 Manual Belt Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Chain Drive

BELFORT



KEY FEATURES

- Horizontal & Vertical Seat Adjustment
- Movable Handlebar
- Targets Upper and Lower Body

TECHNICAL FEATURES

Dual Function - Upper and Lower Body
 Manual Belt Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Chain Drive

UB08



KEY FEATURES

- Back Rest Support
- Vertical and Horizontal Seat Adjustment
- Easy to Use
- Targets Lower Body

TECHNICAL FEATURES

Single Function - Lower Body
 Manual Belt Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Chain Drive

UB07

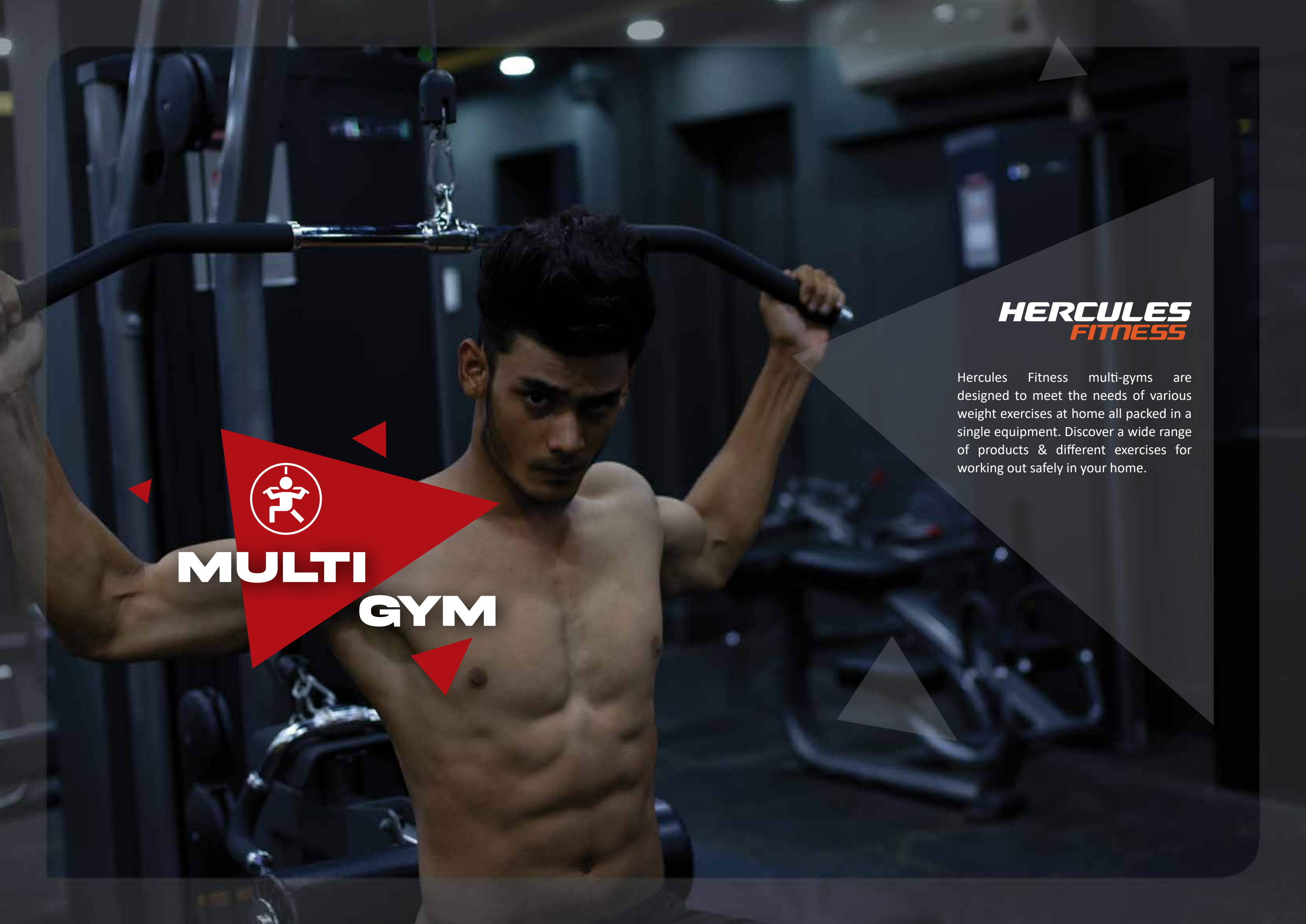


KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Easy to Use
- Targets Lower Body

TECHNICAL FEATURES

Single Function - Lower Body
 Manual Belt Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Chain Drive



HERCULES
FITNESS

Hercules Fitness multi-gyms are designed to meet the needs of various weight exercises at home all packed in a single equipment. Discover a wide range of products & different exercises for working out safely in your home.



MULTI
GYM

SM508



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular movement
- Steel Metal Cage for safety
- 2 Weight Stack/5 Station
- FID Bench is an Additional Option

TECHNICAL FEATURES

390 Lbs Metal Weight Stack
 Highly Flexible Oil Containing Cable
 Key Functions:
 Tricep Extension
 Lat
 Pec Deck
 Bench Press
 Chest Press
 Seated Row
 Leg Extension
 Preacher Curl
 Abductor & Adductor Seated Row
 Knee Raise
 Single Bar
 Bench Press
 Maximum user Weight: 170 Kgs.
Function: Single Station

SM208



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

TECHNICAL FEATURES

160 Lbs Weight Stack
 2000 Lbs Tensile Strength Cables
Key Functions:
 Tricep Extension
 Lat
 Pec Deck
 Bench Press
 Chest Press
 Seated Row
 Leg Extension
 Preacher Curl
 Abductor & Adductor Seated Row
 Punching Bag
 Single Bar
 Bench Press
 Maximum User Weight: 150 Kgs.
Function: Multi Station

SM112



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

TECHNICAL FEATURES

160 Lbs Weight Stack
2000 Lbs Tensile Strength Cables
Key Functions:
Tricep Extension
Lat
Pec Deck
Bench Press
Chest Press
Seated Row
Leg Extension
Preacher Curl
Abductor & Adductor
Maximum User Weight: 150 Kgs.
Function: Single Station

SM110



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

TECHNICAL FEATURES

150 Lbs Weight Stack
2000 Lbs Tensile Strength Cables
Key Functions:
Tricep Extension
Lat
Pec Deck
Bench Press
Chest Press
Seated Row
Leg Extension
Preacher Curl
Leg Press
Abductor & Adductor
Maximum User Weight: 150 Kgs.
Function: Single Station

SM105



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular movement

TECHNICAL FEATURES

100 Lbs Weight Stack
2000 Lbs Tensile Strength Cables
Key Functions:
Tricep Extension
Lat
Pec Deck
Bench Press
Chest Press
Seated Row
Leg Extension
Preacher Curl
Abductor & Adductor
Maximum User Weight: 120 Kgs.
Function: Single Station

SM109



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

TECHNICAL FEATURES

100 Lbs Weight Stack
2000 Lbs Tensile Strength Cables
Key Functions:
Tricep Extension
Lat
Pec Deck
Bench Press
Chest Press
Seated Row
Leg Extension
Preacher Curl
Abductor & Adductor
Maximum User Weight: 120 Kgs.
Function: Single Station



HERCULES **FITNESS**

Hercules Fitness benches are designed for multipurpose workouts using weights, dumbbells, barbells & pre-fitted accessories for abdominal & weight lifting workouts. Benches are a perfect addition to your home for if you enjoy working out in the comfort of your home.



BENCHES

MP200

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Easy Installation

TECHNICAL FEATURES

Multi-Purpose Fitness Bench
Thick padding for superior support
Weight Lifting Support Frame
Adjustable Flat Incline Decline
Weight Lifting Exercise



MP100

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Easy Installation

TECHNICAL FEATURES

Abdominal Fitness Bench
Thick padding for superior support
Weight Training
Adjustable Flat Incline Decline Weight
Lifting Exercise



PRO ABS

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Yoga Exercise
- Easy Installation

TECHNICAL FEATURES

Abdominal Fitness Bench
Fully adjustable sturdy frame, thick
padding for superior support
Rolling wheel action that allows for a
smooth consistent motion



AB BENCH

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Yoga Exercise
- Easy Installation

TECHNICAL FEATURES

Abdominal Fitness Bench
Thick padding for superior support
Weight Training





Limited Warranty:

Warranty is an assurance of quality provided to customer against any manufacturing defect for a specified period of usage. This is to increase customer confidence in the product as well as to protect him/her from financial losses on account of any complaint in the Fitness equipment.

Warranty Policy:

Hercules Fitness warrants that each fitness equipment sold by the company in India through its authorised dealers will be free from any defect in material & workmanship, under normal condition of usage. Hercules Fitness will repair or replace any products found to be defective that are within the warranty period as shown below.

Category/Model	Warranty	Doorstep Service
TM20e & TM21e	1 Year	1 Year
Other Treadmills	2 Years	1 Year
Ellipticals	1 Years	1 Year
Bikes	1 Year	1 Year
Multi Gym	1 Year	1 Year
Commercial Treadmill	5 Years	1
Commercial Elliptical	3 Years	1
Commercial Bikes	3 Years	1
Semi-commercial Models	3 Years	1

For complaints please contact:

TICI Customer Care
Email: customercare@bsahercules.com
Toll Free no: 1800 102 2324



Warranty registration QR code



TI CYCLES OF INDIA

HEAD OFFICE: POST BAG NO. 5, C.T.H ROAD, AMBATTUR, CHENNAI - 600 053,
TAMIL NADU, INDIA.

This is a multisite certificate, additional site details are listed in the appendix to this certificate.

Bureau Veritas Certification Holding SAS - UK Branch certifies that the Management System of the above organization has been audited and found to be in accordance with the requirements of the Management System standards detailed below.

Standards

**ISO 9001:2015, ISO 14001:2015 &
BS OHSAS 18001:2007**

Scope of certification

SELLING & MARKETING FITNESS EQUIPMENT





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FITNESS
LIVE YOUNG

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TI Cycles of India (A unit of Tube Investments of India Ltd.,)

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<https://herculesfitness.co.in> | customercare@bsahercules.com | Toll-free no.: 1800 102 2324

Disclaimer: Innovation is a continuous process at TI Cycles of India. Specifications, features, colors and prices are likely to change without prior notice. Accessories shown in the pictures may or may not be part of the standard equipment.